

Lend your voice to suicide prevention in the Central Queensland, Wide Bay and Sunshine Coast communities



Our Voice in Action Lived Experience Workshop

Hervey Bay, Queensland

Dates for this workshop have been postponed until further notice. However, you are welcome to submit your expression of interest to attend and we will reach out to you as soon as dates have been confirmed.

Many people within our communities have a lived experience of suicide - be that through having experienced suicidal thoughts, survived a suicide attempt, cared for someone through suicidal crisis, or being bereaved through suicide. Your voice, your insight and wisdom is critically important to enrich the work of the Central Queensland, Wide Bay, Sunshine Coast PHN.

An opportunity now exists for you to participate in a lived experience designed and delivered capacity building workshop facilitated by Roses in the Ocean.

Who is this workshop for?

'Our Voice in Action' is a workshop for people with a lived experience of suicide who are ready and keen to explore opportunities to be involved in suicide prevention activities. It is for people who believe they are ready to use their lived experience to help others and inform future direction for suicide prevention.

For more information about the Our Voice in Action Lived Experience workshop, view the [Program Outline](#).

Please also read '[My readiness to be involved in suicide prevention](#)'.

If you think you might be interested and would like to learn more, please register your interest with us by completing this online form:

[REGISTER HERE](#)

A member of the Roses in the Ocean team will call you to discuss the workshop and help you determine your readiness to be involved.

If you do not have access to complete on the online form, please register your interest by calling Roses in the Ocean on 1300 411 461 to arrange a time to chat further.

The Our Voice in Action Lived Experience workshop is led and facilitated by Roses in the Ocean and is supported by the Central Queensland, Wide Bay, Sunshine Coast PHN.

