

Lend your voice to suicide prevention in the Central Queensland, Wide Bay and Sunshine Coast communities



Voices of In-Sight Lived Experience Workshop

Hervey Bay, Queensland

Dates for this workshop have been postponed until further notice. However, you are welcome to submit your expression of interest to attend and we will reach out to you as soon as dates have been confirmed.

Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts, survived a suicide attempt, cared for someone through suicidal crisis, or being bereaved through suicide.

Your voice, your insight and wisdom is critically important to guide suicide prevention activity in your local region and enriching the work of the Central Queensland, Wide Bay, Sunshine Coast PHN.

An opportunity now exists for you to participate in a lived experience designed and delivered speakers training and capacity building workshop facilitated by Roses in the Ocean.

Engaging people with a lived experience of suicide to help guide and inform suicide prevention activity is a major priority. Roses in the Ocean provides training and support for people with a lived experience of suicide who would like to be involved.

'Voices of In-Sight' speakers training is a unique opportunity to reflect on your lived experience and learn how to share your personal story for greatest impact and influence. We will work alongside you to help you discover the components of your lived experience of suicide that can help others and present it in a meaningful way.

For more information about the Voices of In-Sight Lived Experience Workshop, view the [Program Outline](#).

Please also read '[My readiness to be involved in suicide prevention](#)'.

If you think you might be interested and would like to learn more, please register your interest with us by completing this online form:

REGISTER HERE

A member of the Roses in the Ocean team will call you to discuss the workshop and help you determine your readiness to be involved.

If you do not have access to complete on the online form, please register your interest by calling Roses in the Ocean on 1300 411 461 to arrange a time to chat further.

This workshop is supported and funded by the Central Queensland, Wide Bay, Sunshine Coast PHN.

