

What is your name?

Bronwen Edwards

What is your position with Roses in the Ocean?

CEO

Why did you join Roses in the Ocean?

I founded it 😊

What is the most challenging part of your job?

Pure demand on our services with limited resources – the whole extended Roses in the Ocean team passionately work far more than their required hours to do what we do. Ensuring they are looked after and supported well is a really important part of my role.

What is the most satisfying part of your job?

Walking alongside people with Lived Experience and amplifying their voices

What is your favourite self-care practice?

Spending time at the beach

Who inspires you?

I have a number of girlfriends who inspire me through their personal lives and their work roles – strong, resilient, compassionate women who constantly kick goals as mums, aunties, friends and professionals. Women who tirelessly dedicate their time and skills to others and are comfortable acknowledging their vulnerabilities, sharing their wins and losses without ego. They inspire me.

What inspires you?

Acts of kindness, creativity, innovation

When and/or where are you happiest?

Coolum Beach or anywhere with my closest friends

How do you know when you're happy?

I feel calm inside



Which words or phrase do you most overuse?

You'll have to ask those around me!

What is your favourite word or phrase?

If there is no silver lining, you have to find a way to create one.

What is your least favourite word or phrase?

No

How do you define success?

Success to me looks like contentment – if I am feeling contented it means that all parts of my life are in balance, I am not experiencing any tension with my core values, and I am giving some time to me.

Do you consider yourself successful?

I consider myself fortunate rather than successful.

What is your greatest fear?

My children experiencing significant emotional pain.

What is your greatest strength?

I have the ability to face situations without limiting solutions with boundaries, and I seem to have a high threshold and capacity for workload

What would you like to do better?

Lots of things! I am a complete work in progress! I'd love to be better at drawing and dedicating more time for me time.

What are your Words of Wisdom?

Life is not a dress rehearsal. We are here for a relatively short time, and the more we help others, the richer and more meaningful our life will be. If my kids are proud of me, of who I am and what I stand for, then that's what really matters, as it will mean I've contributed to this beautiful world we live in.

