

What is your name?

Roma Aloisi

What is your position with Roses in the Ocean?

Facilitator

Why did you join Roses in the Ocean?

I really love the vision of Roses in the Ocean. I'm aligned to it and I wanted to contribute to this arena/sector

What is the most challenging part of your job?

I have still so much to learn - this is a double-edged challenge as I love learning, yet the pesky imposter syndrome sneaks through.

What is the most satisfying part of your job?

Meeting and connecting with my "tribe" of lived experience peeps

What is your favourite self-care practice?

Being still

Who inspires you?

The "tribe" of lived experience peeps

What inspires you?

The remarkable resilience and perseverance of lived experience peeps

When and/or where are you happiest?

At home (with my husband and children); also in community where I feel I'm contributing and making a difference

How do you know when you're happy?

When I'm still and fully present in the moment

Which words or phrase do you most overuse?

Oh my God!

What is your favourite word or phrase?

Yes

What is your least favourite word or phrase?

But



How do you define success?

Ah, success (as commonly perceived by society). It used to mean a lot. I could care less now. Now for me, it's all relative and more about the journey towards the fulfillment of personal goals and about transcending, despite the barriers and failures – pushing through and learning.

Do you consider yourself successful?

I do not consider myself “successful” because it's a value I don't ascribe to much these days. Yet, if I refer to my definition above, then Yes. I've pushed through many mistakes and failures LOL. And that's OK.

What is your greatest fear?

History repeating itself re. the suicide of a loved one

What is your greatest strength?

Strength

What would you like to do better?

Everything LOL! (I'm a Virgo with perfectionist tendencies!)

What are your Words of Wisdom?

To have no words of wisdom coz I'm still an apprentice at life.

