

Lend your voice to suicide prevention in the Midwest community



Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

Your voice, insight and wisdom are critically important to guide suicide prevention activity in your local region and will help enrich the work by the WA Primary Health Alliance.

An opportunity now exists for you to participate in a lived experience designed and delivered speakers training and capacity building workshop facilitated by Roses in the Ocean.

Engaging people with a lived experience of suicide to help guide and inform suicide prevention activity is a major priority. Roses in the Ocean provides training and support for people with a lived experience of suicide who would like to be involved.

'Voices of In-Sight' speakers training is a unique opportunity to reflect on your lived experience and learn how to share your personal story for greatest impact and influence. We will work alongside you to help you discover the components of your lived experience of suicide that can help others and present your insights in a meaningful way.

For more information about the Voices of In-Sight Lived Experience Workshop, view the [Program Outline](#).

When considering this opportunity, please read ['My readiness to be involved in suicide prevention'](#) to support you to make an informed decision.

Voices of In-Sight Lived Experience Workshop Information

Date: Friday 12 and Saturday 13 March 2021

Location: Geraldton, WA

(Consideration may be given to provide accommodation for people wishing to attend, but who live outside Geraldton. Please contact Jacki Ward to discuss: jacki.ward@wapha.org.au; or 0438 784 650)

To register your interest in attending this workshop, complete the online Expression of Interest form by clicking on the QR Code or scanning it with your smart device camera.

A Roses in the Ocean team member will call you to discuss the workshops in more detail and help you determine your readiness to be involved.

If you require assistance to complete the online form, please call us on **1300 411 461** and we will help.



This Voices of In-Sight workshop is led and facilitated by Roses in the Ocean and is supported by the WA Primary Health Alliance for the [Midwest Suicide Prevention Trial](#).

