



Roses in the Ocean

stemming the tide of suicide

NSW Local Health Districts | Information Sheet
Lived Experience Advisory Group (LEAG) & Co-design of Alt to ED - Safe Haven

An overview of the Lived Experience Advisory Group (LEAG) Project and Alternatives to ED can be found [here](#),
High level outline of inputs, responsibilities and costs detailed below.

Lived Experience Advisory Group (LEAG)

		RESPONSIBILITY	LHD COST
Training	Option 1 Our Voice in Action (OVIA) Face-to-face <ul style="list-style-type: none"> 2-day workshop 6 to 10 participants with LE of suicide Venue/catering Travel for participants (Murrumbidgee, Hunter New England, Far West, Western NSW, Southern NSW) + in extraordinary situations for remaining LHDs with smaller geographical regions. <p>Pre-work</p> <ul style="list-style-type: none"> Promotion Recruitment and readiness calls Venue/catering arrangements Communications with LE participants 		
	Option 2 Our Voice in Action (OVIA) Online <ul style="list-style-type: none"> 2-day workshop 6 to 8 LE participants <p>Pre-work</p> <ul style="list-style-type: none"> Promotion Recruitment and readiness calls Set up of online technology arrangements Communications with LE participants 	Roses in the Ocean	Nil
	LaunchPad Workshop online <ul style="list-style-type: none"> 4 x 1.5hr online sessions over 4 or 8 weeks LEAG communication <p>Pre-work</p> <ul style="list-style-type: none"> Set up of online technology arrangements 		
Ongoing LEAG Engagement by LHD	Identify an LHD representative to guide and engage the LEAG in local opportunities	LHD to appoint LEAG lead	
	LE Paid Participation for ongoing meetings, working groups, activity etc	LHD	As per LHD policy
Additional LEAG support by RITO	LEAG Development Program (June 2021 – June 2022) Details to be provided to LHDs April.	Roses in the Ocean	Nil



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Alternative to ED | Safe Haven

		RESPONSIBILITY	LHD COST
Resources	CLICK for MoH Statewide Requirements : Alternative to ED Safe Havens CLICK for Orientation Webinar for Alternative to ED Safe Havens (NSW MoH, ISLHD Director, RITO) CLICK for Presentation to LHDs re Roses in the Ocean role CLICK for NSW LHDs Towards Zero Suicides Initiatives page of Roses in the Ocean website with more resources and individual LHD landing pages once co-design commences		
Co-design	<p>Option 1 Full Co-design</p> <ul style="list-style-type: none"> • 10 Weeks • Online, face-to-face or hybrid • 9 LE participants • 9 Other stakeholders • 4 Days support from Beacon Strategies during Co-design process • 4 Days Beacon Strategies for direct support to LHD (Beacon Strategies will meet to discuss what they can offer LHD) <p>Option 2 Accelerated Co-design</p> <ul style="list-style-type: none"> • 6 Weeks • Online/Hybrid • 9 LE participants • 9 Other stakeholders • 4 Days support from Beacon Strategies during Co-design process • 4 Days Beacon Strategies for direct support to LHD (Beacon Strategies will meet to discuss what they can offer LHD) <p>Pre-work – Roses in the Ocean</p> <ul style="list-style-type: none"> • Promotion • Engagement of LE Participants and readiness calls for same • Advice re Venue/catering arrangements (if face-face) • All Stakeholder communications • Set up of online technology arrangements <p>Pre-work - LHD</p> <ul style="list-style-type: none"> • Recruitment of Health Professionals / Other Stakeholders • Venue/catering booking and payment 	<p>Roses in the Ocean responsible for:</p> <ul style="list-style-type: none"> • Promotional flyer • Online EOI • Provide guidance re venue for LHD • Provide LHD with HP Matrix to assist with HP participants • Connect LHD with Beacon Strategies <p>LHD responsible for:</p> <ul style="list-style-type: none"> • Circulate promotional flyer/EOI through networks • Recruiting HP participants using HP Matrix • Book & pay for venue /catering • PAID PARTICIPATION for LE participants (approx. 15 hours) RITO can assist with forms and invoice LHD & distribute payment if required. 	<p>Venue and Catering if all or part of the co-design process is held face to face.</p> <p>Paid participation for LE participants in line with LHD policy. RITO can advise best practice and common LHD practice</p>
Re-design	Occurs approximately 3-6 months after service opening (1 Day Workshop)	Roses in the Ocean	
	Venue, catering and participant travel (if req)	LHD	At cost
Paid Participation	LE Paid Participation (Recommended best practice \$50 p/hr)	LHD	As per LHD policy



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SP Peer Workforce Development

RESPONSIBILITY

LHD COST

Resources

CLICK for [NSW MoH Guidance Material for recruitment & support of SP Peer Workers](#)
 CLICK for [SP Peer Workforce Development Services](#)
 Price List provided separately upon request

Recruitment of SP Peer Workers

Recruitment

- **Position Descriptions & Recruitment advertising** – Roses in the Ocean can assist with the development and/or review of SP Peer Worker positions descriptions, and advertisement copy to attract the best candidates
- **Interview Panellists** - Roses in the Ocean has specialist SP Peer Workers who have extensive experience and qualification in MH Peer Work as well as a LE of suicide and experience providing peer support to people experiencing suicidal crisis. These experts are available to participate at Interview Panellists to support the LHD recruit appropriately suited peers to the specialised roles in Safe Havens and SPOT teams.

Skill Development as per the NSW MoH Guidelines of essential training for SP Peer Workers

- Personal development: Lived Experience workshop: Voices of In-Sight
- Professional development: SP Peer Worker

Provision of specialised SP Peer Workforce Support Services

- Organisational Readiness training
- Peer Mentoring
- Group co-reflection sessions
- Community of Practice

LHDs are expected by NSW MoH to use TZS funding to pay for all essential training for SP Peer Workers as outlined in the MoH Guidelines (see link above)

Advice will be given soon as to whether the NSW MoH will be providing 6 months of the SP Peer Workforce Support Services to each LHD. Until this decision is made, these services are available through Roses in the Ocean on a fee for service basis.