



LaunchPad is an empowering workshop designed to assist community-based suicide prevention action groups to use their lived experience in a planned, coordinated and impactful manner.

Given the importance and urgency of the work being undertaken, the LaunchPad framework is designed to move people to action, within a strategic process that keeps things simple and straightforward. LaunchPad is a key success factor to sustainability of lived experience within community.

All Roses in the Ocean programs and workshops are lived experience informed, designed and delivered by professional facilitators who also have a personal lived experience of suicide.

DURATION OF THE WORKSHOP

1 day

WHO IS THE PROGRAM FOR?

This empowering program is for community lived experience reference/ advisory groups, community action groups and Communities of Practice.

ON COMPLETION OF THIS WORKSHOP, YOU CAN EXPECT TO HAVE:

- Understanding of your community-based mission, values and areas of important focus.
- Clarity of the structures, roles and responsibilities within your group.
- Appreciation of and plan to leverage the individual expertise and gifts within your group.
- Shared expectations of behavioural standards that will apply to your interactions.
- Awareness of the barriers that stand in your way and ways to address those in your strategy.
- An agreed action plan for all members of your group.
- Planned meeting focus for the next six months.

