

Personal Media Template					
Name		Email			
		Phone			
Type of Interview	Pre-recorded	Print		In Person	
	Live	Digital		Phone	
				Email (Q&A)	
Date and Time of interview		Location (if applicable)			
Name of Journalist					
Name of					
Publication (If					
applicable)					
Focus and Purpose of this piece of media	Focus:		Purpose:		
	Does my story match the purpose of this media initiative?				
For the journalist	Provided Mindframe Guidelines (https://mindframe.org.au/suicide/communicating-about- suicide/mindframe- guidelines) Requested questions prior to interview				
	Requested to view media piece prior to release				
Relevant helplines and resources to have on hand to provide journalist					
Key Messages	1.				
	2.				
	3.				



Question Preparation	Prepare your responses (dot points) here:		