



THE UNIVERSITY OF
SYDNEY

Invitation to Participate in Research Lived Experience of Help-Seeking for Suicidal Distress in Rural and Remote NSW

Conducted by Charlotte Finlayson (PhD Candidate),
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*Have you ever supported someone close to you through a time of suicidal distress?
Would you like a chance to talk about this in a group of similar people? Would you like to
contribute to research to help improve experiences of help-seeking in rural and remote
NSW?*

You are invited to participate in a research project called “Exploring Experiences of Help-Seeking for Suicidal Distress in Rural and Remote NSW”.

To participate you must be:

- 18 years or older.
- Be living in Western NSW (ideally Parkes, Forbes or surrounds).
- Have cared for a friend, relative or loved one during a time when they experienced suicidal distress.
- Be willing to participate in a group discussion about your experience (approx, 1-2 hours).

You will receive a \$50 gift card for participating. Light refreshments will also be provided. Your responses will be anonymized to protect your privacy.

To express your interest or find out more contact **Charlotte** on cgil1135@uni.sydney.edu.au or via phone on **0423935633**.

For 24/7 support contact LifeLine on 13 11 14.



Study Details: This study is being carried out as part of the University of Sydney's PhD (Social Work) program by Ms. Charlotte Finlayson. The ethics protocol for this study is 2022/198. Participation is entirely voluntary, and confidentiality will be maintained in the reporting of the results.