



THE UNIVERSITY OF
SYDNEY

Invitation to Participate in Research Lived Experience of Help-Seeking for Suicidal Distress in Rural and Remote NSW

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Photovoice (noun): a way of doing research that puts cameras into participant's hands with the intention of fostering social change. (Adapted from Budig et al., 2018)¹



Tell your story to people who matter through photographs at a public exhibition.

You are invited to participate in a Photovoice research project called “Exploring Experiences of Help-Seeking for Suicidal Distress in Rural and Remote NSW”.

To participate you must be:

- 18 years or older.
- Be living in Western NSW (ideally Parkes, Forbes or surrounds).
- Have your own lived experience of suicidal distress but must not currently be in a crisis.
- Be willing to be involved in a group photography project taking place over 3 sessions (approximately 3-4 hours per session over 6 weeks).
- Be willing to have your work shown in a public exhibition (you may choose a different name so you remain anonymous).

Anyone who participates will receive a \$50 gift card per session (total \$150), a professionally printed copy of your photograph to keep and an invitation to a celebration dinner at the end of the project.

To express your interest or find out more contact **Charlotte** on **cgill135@uni.sydney.edu.au** or via phone on **0423935633**.

For 24/7 support contact LifeLine on 13 11 14.



Study Details: This study is being carried out as part of the University of Sydney's PhD (Social Work) program by Ms. Charlotte Finlayson. The ethics protocol for this study is 2022/198. Participation is entirely voluntary, and confidentiality will be maintained in the reporting of the results.

¹ Budig, K., Diez, J., Conde, P. et al. Photovoice and empowerment: evaluating the transformative potential of a participatory action research project. *BMC Public Health* 18, 432 (2018). <https://doi.org/10.1186/s12889-018-5335-7>