



THE UNIVERSITY OF  
SYDNEY

# Invitation to Participate in Research Lived Experience of Help-Seeking for Suicidal Distress in Rural and Remote NSW

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*Do you work in a role that provides care or support to other people?*

*Have you supported someone through your work who has experienced suicidal distress?  
Are you interested in participating in a research project to help improve experiences of  
help-seeking in Rural and Remote NSW?*

You are invited to participate in a research project called “Exploring Experiences of Help-Seeking for Suicidal Distress in Rural and Remote NSW”.

To participate you must be:

- 18 years or older.
- Be living in Western NSW (ideally Parkes, Forbes or surrounds).
- Be working in the health, welfare or community sector.
- Be willing to participate in 2 group discussions (approx, 1-2 hours each).
- Be willing to attend or view photos from a photography exhibition on lived experiences of help-seeking for suicidal distress.

Anyone who participates will be eligible for Continuing Professional Development (CPD) points. Light refreshments will also be provided.

To express your interest or find out more contact **Charlotte**  
on [cgil1135@uni.sydney.edu.au](mailto:cgil1135@uni.sydney.edu.au) or via phone on **0423935633**.

Your responses will be anonymized to protect your privacy.



**Study Details:** This study is being carried out as part of the University of Sydney’s PhD (Social Work) program by Ms. Charlotte Finlayson. The ethics protocol for this study is 2022/198. Participation is entirely voluntary, and confidentiality will be maintained in the reporting of the results.