

# OUR VOICE IN ACTION

Lend your voice to suicide prevention in your Regional Queensland community



Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

An opportunity exists for those with a lived experience of suicide who reside in Regional Queensland to participate in a lived experience designed and delivered, capacity building online workshop facilitated by Roses in the Ocean.

Your voice, insight, and wisdom is critically important to guide suicide prevention activities in your local region and will help enrich the work of the Australian Department of Health and Aged Care.

Our Voice in Action is a workshop for people with a lived experience of suicide who are ready and keen to explore opportunities to be involved in suicide prevention activities. It is for people who believe they are ready to use their lived experience to help others and inform future direction for suicide prevention.

For more information about the Our Voice in Action Lived Experience workshop, view the [Workshop Outline](#).

When considering this opportunity, please read 'Readiness to be involved in suicide prevention' to support you to make an informed decision



## Workshop details:

Date	Friday 5 and Saturday 6 May 2023 8:30am - 4:30pm
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Location	Online via Zoom
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## How do I register?

To register your interest in attending this workshop, complete the online [Expression of Interest form](#) by clicking on the QR Code or scanning it with your smart device camera. A Roses in the Ocean team member will call you to discuss the workshop in more detail and help you determine your readiness to be involved.

If you require assistance to complete the online form, please call us on 1300 411 461 and we will help.

*This training opportunity is available free to participants, thanks to the Australian Department of Health and Aged Care - Access & Equity Program.*

