

Everyone has a story...

VOICES OF IN-SIGHT

Lend your voice to suicide prevention in your regional VIC Community



Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

Your voice, insight and wisdom is critically important to guide suicide prevention activity in your local region and will help enrich the work by the Department of Health and Aged Care.

An opportunity now exists for you to participant in a lived experience designed and delivered speakers training and capacity building workshop, facilitated by Roses in the Ocean.

'Voices of In-Sight' speakers training is a unique opportunity to reflect on your lived experience and learn how to share your personal story for greatest impact and influence. We will work alongside you to help you discover the components of your lived experience of suicide that can help others and present your insights in a meaningful way.

For more information about the Voices of In-Sight Lived Experience workshop, view the [Workshop Outline](#).

When considering this opportunity, please read '[Readiness to be involved in suicide prevention](#)' to support you to make an informed decision.



Workshop details:

| | |
|-----------------|---|
| Date | Fri 12 May & Sat 13 May 2023 8:30am - 4:30pm |
| Location | Traralgon, Regional VIC |



How do I register?

To register your interest in attending this workshop, complete the online [Expression of Interest form](#) by clicking on the QR Code or scanning it with your smart device camera. A Roses in the Ocean team member will call you to discuss the workshops in more detail and help you determine your readiness to be involved.

If you require assistance to complete the online form, please call us on 1300 411 461 and we will help.



Australian Government
Department of Health and Aged Care

