



Year in Review

2023

Australia's national lived experience of suicide organisation, Roses in the Ocean exists to save lives and to reduce emotional distress and pain.



Roses in the Ocean
stemming the tide of suicide

📞 1300 411 461

🌐 www.rosesintheocean.com.au



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Message from the CEO and Chair

Reflecting on the last twelve months, two words come to mind which are indeed somewhat of a dichotomy - 'reach' and 'consolidate'.

This year we continued to advocate, strive for and reach towards the goal of having the expertise and needs of people with lived experience of suicide at the forefront of all suicide prevention activities. We also, in stretching ourselves to grow the presence of our peer-led services, have reached and provided support to an increasing number of individuals throughout the country. This reach has only been amplified with the much needed and exciting expansion of our team, which has enabled us to ensure we remain simultaneously committed to both grassroots community action and systemic system reform.

On the other hand, we have also focused on consolidating internally - taking the time we need to finalise implementation of key infrastructure that is supporting our ability to reach further, and allowing the teams within Roses in the Ocean time to bed down their ways of working with each other and collaborate across other teams. We have paused to review key learnings from interim evaluations of our non-clinical peer-led services and implement changes in real time, and we have immersed ourselves in the critical work of building sustainability into our community based services so they will be successfully owned by community long into the future.

This year has brought us a multitude of opportunities to connect to, collaborate with and innovate alongside a diverse array of individuals, communities, organisations and government agencies as we work towards realising a whole of government approach to suicide prevention, in which people with a lived experience are placed rightfully at the centre. There is a long way to go of course, but good intentions are evidenced across many areas of the sector and progress is being made.

It is particularly pleasing to witness the sector and government's deepening commitment to exploring and supporting the leading role for lived experience, with the Universal Co-Design Project demonstrating an increased appreciation of the importance and value of the voices of lived experience. We look forward to continuing to support the implementation of these important Guidelines as states and territories enhance, expand and trial these various services.

The feedback we are receiving from individuals accessing our Community-led Safe Spaces, engaging with our Peer CARE Companion Warmline or connecting with Peer CARE Companions in Community is both encouraging and invaluable. Not only are people in community experiencing the difference that lived experience can make to the support available to them, but we are also able to continuously learn from their feedback and improve our services to reflect what individuals need.

We would like to express our heartfelt gratitude and respect to all people with lived experience who continue to trust us, guide us and collaborate with us. It is an absolute privilege. Our thanks must also go to the numerous organisations, both from within and outside the sector, who have given us the opportunity to partner with, advise or work alongside them as they reach towards a future where all individuals feel like there is something, someone, or somewhere that sees, understands and will listen to their experience, insights and needs.

Finally, we wish to thank the wonderful team of staff, contractors, mentors, facilitators, readiness callers, and volunteers who make Roses in the Ocean who we are. Thanks also to the Roses in the Ocean Board Directors who generously share their expertise to guide and govern our organisation as we continue to reach for the stars while keeping our feet very proudly and deeply in our grassroots.



Bronwen Edwards
Chief Executive Officer



Pamela Catty
Chair

Roses in the Ocean benefits from the guidance and support of a passionate Board of Directors with a strong representation of lived experience of suicide, sector knowledge, governance, legal, risk and financial expertise.

Our Board Directors - Pamela Catty (Chair), Leanne Dreves (Treasurer), Michael Sheedy, Peter Dalton, Jono Nicholas, Nicholas Andreatidis, Bronwen Edwards (Founding CEO). Supported also by Kerrie Mattiske (Company Secretary).



About this Report

Our team really enjoys the process of creating our Year in Review. Whilst we purposefully engage a lens of real time continuous improvement at Roses in the Ocean, it is rewarding to also take a moment to pause at the end of a twelve month period to reflect, celebrate and learn from a zoomed out perspective. To step back and thank everyone who has contributed to our vision and purpose - the people with lived experience of suicide across the country who have privileged us with their stories, expertise, and wisdom; those who have worked with us to integrate and partner experts by experience into their work; and of course our wonderful team.

Over the last twelve months Roses in the Ocean has experienced a significant period of growth - scaling services following encouraging pilots, honing our focus on key areas of need as identified through our grassroots work in community, and exploring other ways we can add value and support the suicide prevention sector and government to better integrate and partner with people with lived experience of suicide.

We hope you enjoy this glimpse into our 2022-23 year.

Community Events



World Suicide Prevention Day - NSW



Out of The Shadows - QLD



All of us Festival - QLD



Visit from the Governor-General - NSW



Rail Mental Health Deployment - QLD



Cape Walk For Life - WA



About Us

We exist to save lives and reduce emotional distress and pain.

Roses in the Ocean is the national lived experience of suicide organisation in Australia, recognised internationally for developing best practice in lived experience capacity building, integration and partnership. Everyone who works, contracts and volunteers with Roses in the Ocean has a lived experience of suicide. People with a lived experience are our heart and soul. Everything we do revolves around building capacity and capability, opportunities and connections, platforms and resources for them. We have a significant role in collaboratively working with people with lived experience of suicide, government and the suicide prevention sector to drive system reform and are actively involved in the establishment of a much broader suicide prevention system that reaches far beyond the health system alone. We continue to learn and grow as we build the path on which we walk, always listening deeply to people with lived experience of suicide and bringing our collective lived experience lens to everything we do.



Everyone who works at Roses in the Ocean has a lived experience of suicide.

Number of Staff	32
Number of Contractors	16
Lived Experience Advisory Group	10
Number of Peer CARE Companion Volunteers	85

Our vision, purpose, strategy & values

This is who we are, why we exist and what we stand for.

Our Vision

For every person to have access to effective suicide prevention that is informed or led by people with lived experience of suicide.

Our Purpose

Roses in the Ocean exists to save lives and reduce emotional distress and pain.

Our Strategy

At our heart and soul are people with a lived experience of suicide. We are dedicated to empowering those with a lived experience to find their voice, and building their capacity to bring their insights and wisdom to suicide prevention.

We seek to lead the significant cultural shift needed to save lives through harnessing the perspectives of all we represent, along with our own lived experience of suicide. With our actions driven and guided by those with a lived experience of suicide, we innovate and transform suicide prevention, and drive and deliver system reform. We support organisations and government to effectively and meaningfully integrate lived experience expertise into suicide prevention.

Our key focus is on:

Transforming service experience outcomes by implementing innovative solutions co- designed to meet the needs of individuals and communities.

Building capacity, capability & confidence to save lives

- Grow diversity of lived experience movement
- Develop national Suicide Prevention Workforce
- Deliver best practice accessible learning opportunities & resources

Driving System Reform

- Drive reform towards a genuine 'no wrong door' approach.
- Collaborate with government, sector & community to embrace & implement lived experience of suicide culture change.

Developing Leadership & Sustainability

- Demonstrate professional generosity & leadership.
- Build depth & sustainability into lived experience of suicide movement, our organisation, individuals, communities, services & workforces.

Our values:

Life – We cherish and embrace the journey that is life. We value our own and others' physical, emotional and mental health and wellbeing.

Connection – We value authentic, compassionate and respectful connection.

Humility – We practice humility, acknowledging our own and others' knowledge and skills, and lived experiences of suicide, and the limitations of each.

Deep Listening – We respect the Aboriginal and Torres Strait Islander peoples' practice of deep listening and value the learning this brings.

Collaboration – We thrive on collaboration to build the enriching and empowering relationships needed to achieve meaningful outcomes.

What we do

Non-Clinical Peer-led Services

Roses in the Ocean's National Community-led Safe Spaces

As a direct result of the systemic advocacy of people with a lived experience of suicide, there has been promising government investment in non-clinical, alternative supports for people impacted by suicide in Australia. Roses in the Ocean has played a central role in the conceptual and practical development of these innovative safe space models at a state and national level.

While witnessing consistent barriers to accessing relevant support first hand, Roses in the Ocean has clearly identified the common themes that have emerged about what local communities are looking for and wanting from a safe space.

Our expertise in working with people with a lived experience of suicide, demonstrated capacity to develop and lead co-design initiatives, and our role in establishing the emerging Suicide Prevention Peer Workforce combine to bring a unique set of expertise to the local co-design of safe spaces.

The Community-led Safe Space model has the versatility to look, feel and operate in different ways depending on the specific and evolving needs of a community. Considerations include immediacy of need, demographics, priority population groups, geographical challenges, what an individual community wants, and what they have access to in terms of physical space.

Focus

The team have been supporting Community-led Safe Space sites to ensure streamlined and robust governance, quality and sustainability frameworks for their projects.

Visits

Roses in the Ocean team members completed 9 Community-led Safe Space visits across 6 Australian States and Territories.

Expression of Interest

An Expression of Interest process was undertaken for Tranche 2, seeking interest from community working groups to establish a Safe Space in their community. 18 applications were received.

Community Consultation Sessions

Roses in the Ocean facilitated 4 Community Consultation sessions held with people with a lived experience of suicide to explore localised needs in implementing a Community-led Safe Space in the area.






Community-led safe space

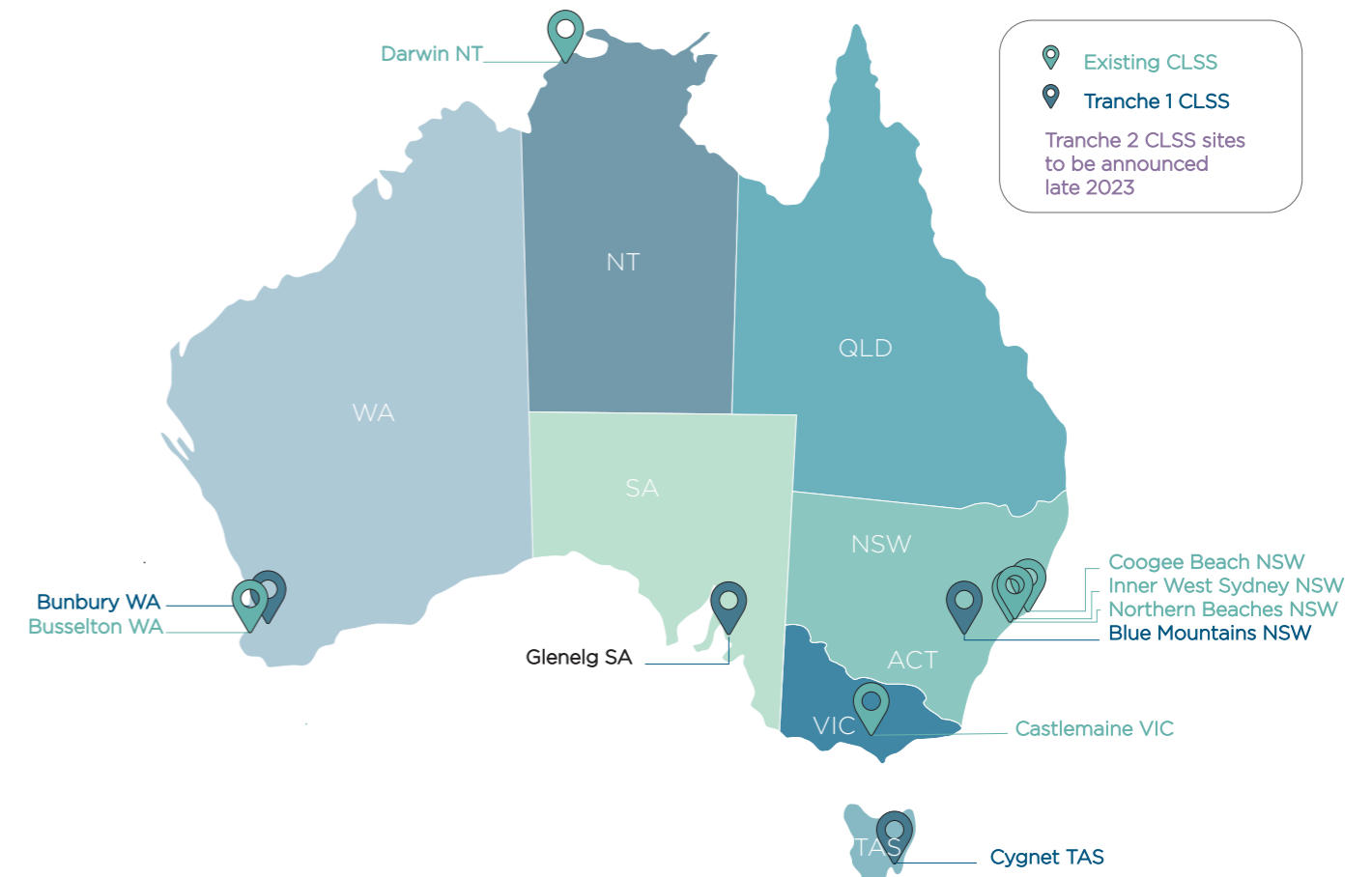
established by **Roses in the Ocean**

6	New CLSS Sites
4	Additional sites progressing to open end of 2023
4	Additional sites progressing to open mid 2024
18	Expressions of Interests received

Community-Led Safe Spaces

Sites

We have supported 6 Community-led Safe Space sites to open and be welcoming and supporting guests: Inner West, Northern Beaches, Sydney Eastern Suburbs NSW, Busselton WA, Castlemaine VIC and Darwin NT. 4 additional sites progressing to open late 2023.



Some of our Community-Led Safe Spaces



Maripose Trails
Adelaide SA



Mowana
Northern Beaches NSW



Cygnet
Tasmania



Community-Led Safe Spaces 2023



Castlemaine Safe Space



Inner West Sydney



Blue Mountains



Cygnets



Aunties Place



Mowana



Peer CARE Companion Warmline

Overview

Our Peer CARE Companion Warmline is a suicide prevention 'warmline' call-back service created by Roses in the Ocean to provide a safe place for people with a lived experience of suicide to connect with others with a similar lived experience of suicide - our Peer CARE Companions. The service provides people with an opportunity to connect, be heard, and for their distress to be compassionately explored and understood by another person through the mutual understanding that comes with meaningful shared experience. This service may assist in providing relief from emotional distress, exploring coping strategies and providing assistance navigating to find additional online resources and/or information.

Volunteers

Our volunteer Peer CARE Companion numbers continue to increase with new volunteers being onboarded each month. Volunteer Peer CARE Companions receive specialised training and support to undertake their role in connecting with people with lived experience of suicide who call the Warmline, providing support to people in community and in Community-led Safe Spaces.

Peer Matching

Our focus continues to be on building our volunteer pool to increase our peer matching capability to include a diverse range of lived experiences of suicide, with representation and intersectionality from various communities and life experiences.



Call Volume

Alongside the growth of the volunteer pool, we have seen an increase in calls to the Warmline. From May to August 2023 there was a 60% increase in calls received.



Peer CARE Companion in Community



Overview

'Peer CARE Companion in Community' provides a 'golden thread' of trained and supported community members with lived experience of suicide known as Peer CARE Companions. Our blended paid and volunteer-based service strengthens the existing network of suicide prevention services including aftercare, postvention and safe spaces, and addresses service and support gaps in community by providing 'light touch' peer support and connection.

Community Support

We are currently providing Peer CARE Companion in Community support to people in the Perth WA, Northern Beaches Sydney and Orange NSW regions.

Peer CARE Companion



LE Summit 23



Connecting Community

Trained and supported community members with lived experience of suicide.

Peer CARE Companions available to complement and supplement existing services.

Face to face support and connection.

Having a coffee with someone, accompanying them to an appointment, cooking a meal, walking a dog, or just chatting.



World Suicide Prevention Day



World Suicide Prevention Day



World Suicide Prevention Day



Rainbow Community Fair



Lynne - a PCC Volunteer

Suicide Prevention Peer Workforce.



Suicide Prevention Peer Worker Support Services

The Suicide Prevention Peer Workforce (SPPW) is a crucial emerging workforce of people with lived experience of suicide trained to provide professional support to people in crisis or distress. These positions are gradually appearing in government and non-government services in some states, as recognition of the value of peer approaches in suicide prevention grows.

Our Suicide Prevention Peer Work Team has been making a significant impact in the sector by providing support, guidance, and knowledge for Suicide Prevention Peer Workers. We've been mentoring individual peer workers, facilitating group co-reflection sessions, and organising community of practice sessions. Through these initiatives, we've been helping professionals in the field gain valuable insights, build strong networks, and develop the skills needed to make a positive difference in suicide prevention.

New training content for peer workers

We have been actively working on creating fresh, engaging, and challenging content that directly addresses the evolving requirements of Suicide Prevention Peer Workers. This content is designed to be both relevant and impactful, ensuring that it equips peer workers with the necessary tools and knowledge to effectively support people in crisis.

Victoria's Hospital Outreach Post-Suicide Attempt Engagement (HOPE) Service

We've supported the Victorian HOPE program with training and mentoring of the program's growing Suicide Prevention Peer Workforce. The HOPE program provides clinical and non-clinical aftercare for people who have made a suicide attempt, and is expanding its peer workforce, in line with the Victorian Suicide Prevention Framework and recommendations from the Royal Commission into Victoria's Mental Health System.

Advocacy for expanding the Suicide Prevention Peer Workforce

We released a new policy paper 'Expanding the Suicide Prevention Peer Workforce' that calls for greater investment in and support of the peer workforce in suicide prevention, in light of widespread clinical workforce shortages and the emerging evidence of the effectiveness of peer workers in reducing distress, preventing hospitalisations and reducing deaths from suicide.

Peer 4 Peer Podcast series

We featured in the Peer 4 Peer Podcast series, an online platform dedicated to unravelling the myths, beliefs, and taboos surrounding mental illness and suicide. With a focus on peer work, the act of holding space for individuals in distress, the crucial role of lived experienced peer mentors assisting others to work toward recovery and the impact that peer-led approaches can have on mental health and well-being in today's society



Strategy & System Reform

Submission to Victorian Suicide Prevention and Response Strategy

Our submission for the Victorian Suicide Prevention and Response Strategy focused on increasing meaningful partnerships with people with lived experience of suicide and achieving a genuinely whole of government approach to suicide. We also raised the need to develop the skills and capabilities of people with lived experience of suicide, expand the suicide prevention peer workforce, diversify peer support and non-clinical alternatives to emergency, and prioritise suicide prevention in the mental health system.

Submission to Tasmanian Suicide Prevention Strategy

Our submission on the consultation draft of the Tasmanian Suicide Prevention Strategy focused on lived experience involvement in state governance arrangements for suicide prevention, addressing upstream causes of suicide, and developing the suicide prevention peer workforce and non-clinical models of support. We also advocated for more specific commitments to engaging people with lived experience of suicide throughout the Strategy's actions.

Lived experience consultation for Queensland Suicide Prevention Plan

We conducted a state-wide consultation for the Queensland Mental Health Commission specifically for people with lived experience of suicide focusing on the enabling role of lived experience in the next phase of Every Life: the Queensland Suicide Prevention Plan. Our summary of the consultation included the need to develop, train and resource people with lived experience of suicide, to remove barriers to care and support of health workers with lived experience of suicide, to act pre-emptively at the origins of community distress, and to reframe men's suicide prevention by focusing on mates helping mates.

Expanding the Suicide Prevention Peer Workforce

This paper calls for the urgent expansion of the Suicide Prevention Peer Workforce, distinctively located in the community and outside of the mental health system, and available in settings not requiring clinical assessments and triaging. With clinical workforces unavailable and under stress, a suicide prevention peer workforce can be stood up relatively quickly by comparison, without the need for large-scale migration and long term tertiary education. A webinar providing a range of peer worker, community and policy perspectives accompanies the paper.

National mental health consumer and carer peaks

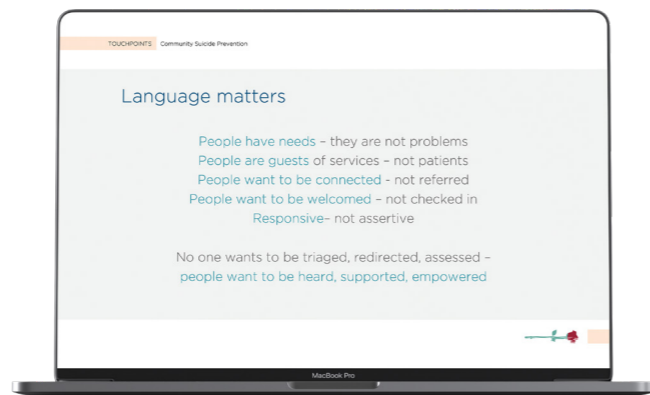
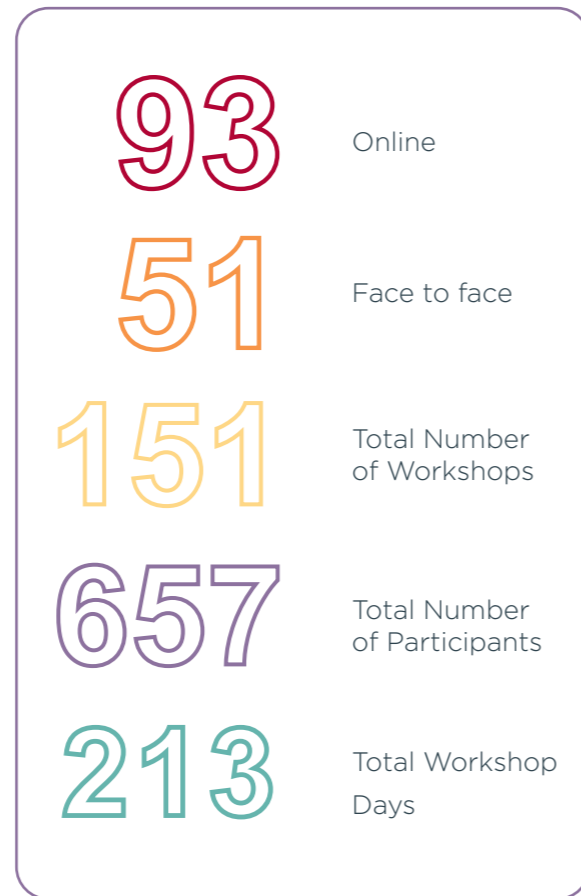
We were involved in the development of the National Mental Health Consumer and Carer Peaks, new community-managed organisations that will provide national representation of people in contact with the acute mental health system and their carers. We advocated for clear definitions of the role and scope of these new organisations to maintain clarity between mental health consumers and carers and the lived experience of suicide movement.

What do people with lived experience want to see in suicide prevention strategies?

This paper identifies 12 priorities that are commonly named by people with lived experience of suicide as important for regional, state/territory and national suicide prevention strategies. It includes recommendations on delivering peer-led and non-clinical services, building lived experience and peer workforce capability, developing lived experience roles in governance and data, and promoting co-design and co-production approaches to designing suicide prevention services, programs and policy.

Workshops

Number of workshops by state 2022-23.



TouchPoints Licensing

TouchPoint Licensing

We are pleased to advise that following our involvement in the NSW Zero Suicides gatekeeper pilot, we have successfully expanded our TouchPoints Licensing initiative. We now hold licenses in seven regions across the country. Through this program, communities can integrate local individuals with personal lived experience of suicide into their community to provide gatekeeper training. These individuals undergo training through our Train the Trainer program and regularly deliver TouchPoints sessions throughout the year. This approach effectively enhances both capacity and sustainability within communities, while remaining cost-effective. As a result, more community members are equipped with the necessary skills and confidence to identify and respond to individuals experiencing emotional distress or at risk of suicide.

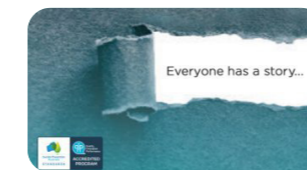
Organisations engaged through TouchPoints Licensing Program HealthWISE, Neami National, Beacon Strategies, Nepean Blue Mountains Primary Health Networks, Acon.



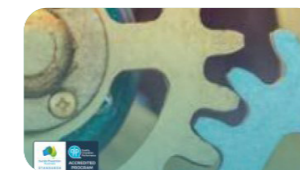
Quality

Accreditation

Programs accredited to the Suicide Prevention Australia Standards for Quality Innovation Performance Accredited Program:



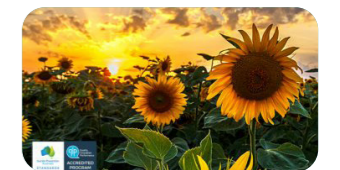
Voices Of In-Sight



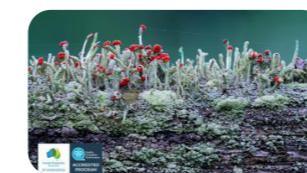
Our Voice In Action



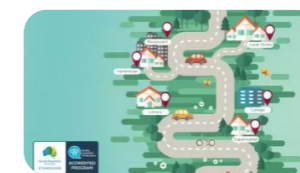
Living Perspectives Of Suicide



Understanding & Working With Suicide Prevention Peer Workers



Collaborating To Create Change



TouchPoints



Peer CARE Companion



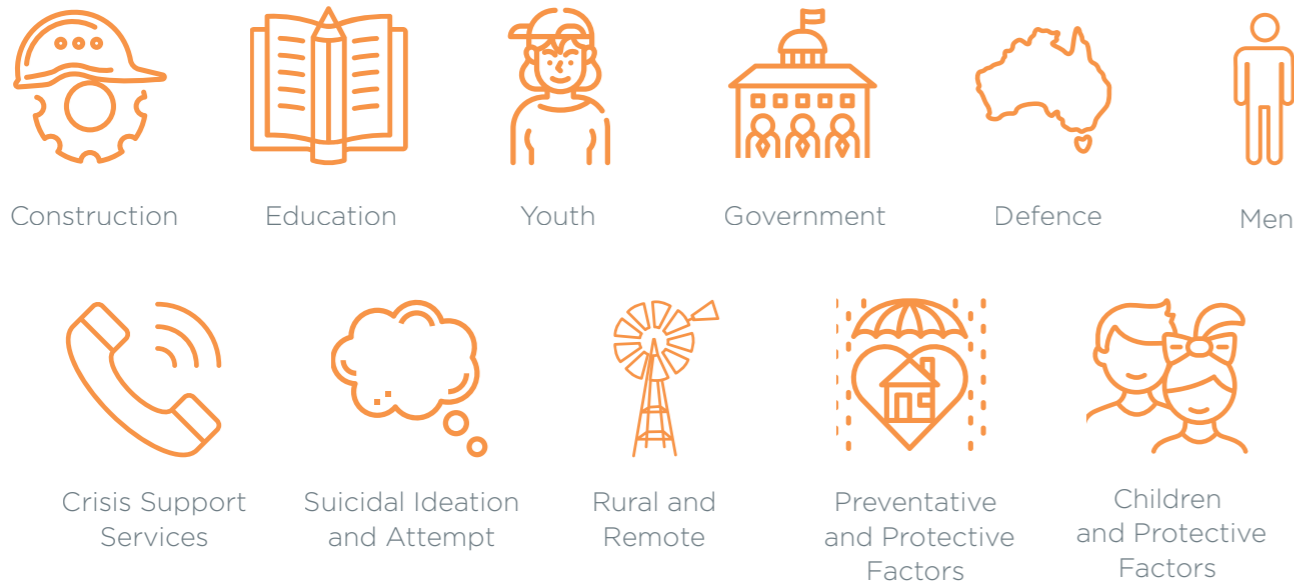
Community-led Safe Space Services

Lived Experience Engagement & Integration

Connecting lived experience expertise with the suicide prevention sector, government, researchers and organisations

Lived Experience Integration and Partnership Opportunities

Our Lived Experience Engagement team has seen significant growth, with a **68% increase** in opportunities across a diverse range of focus areas. This demonstrates the ever-increasing desire and commitment of organisations and community to have the lived experience voice at the centre of all suicide prevention activities.

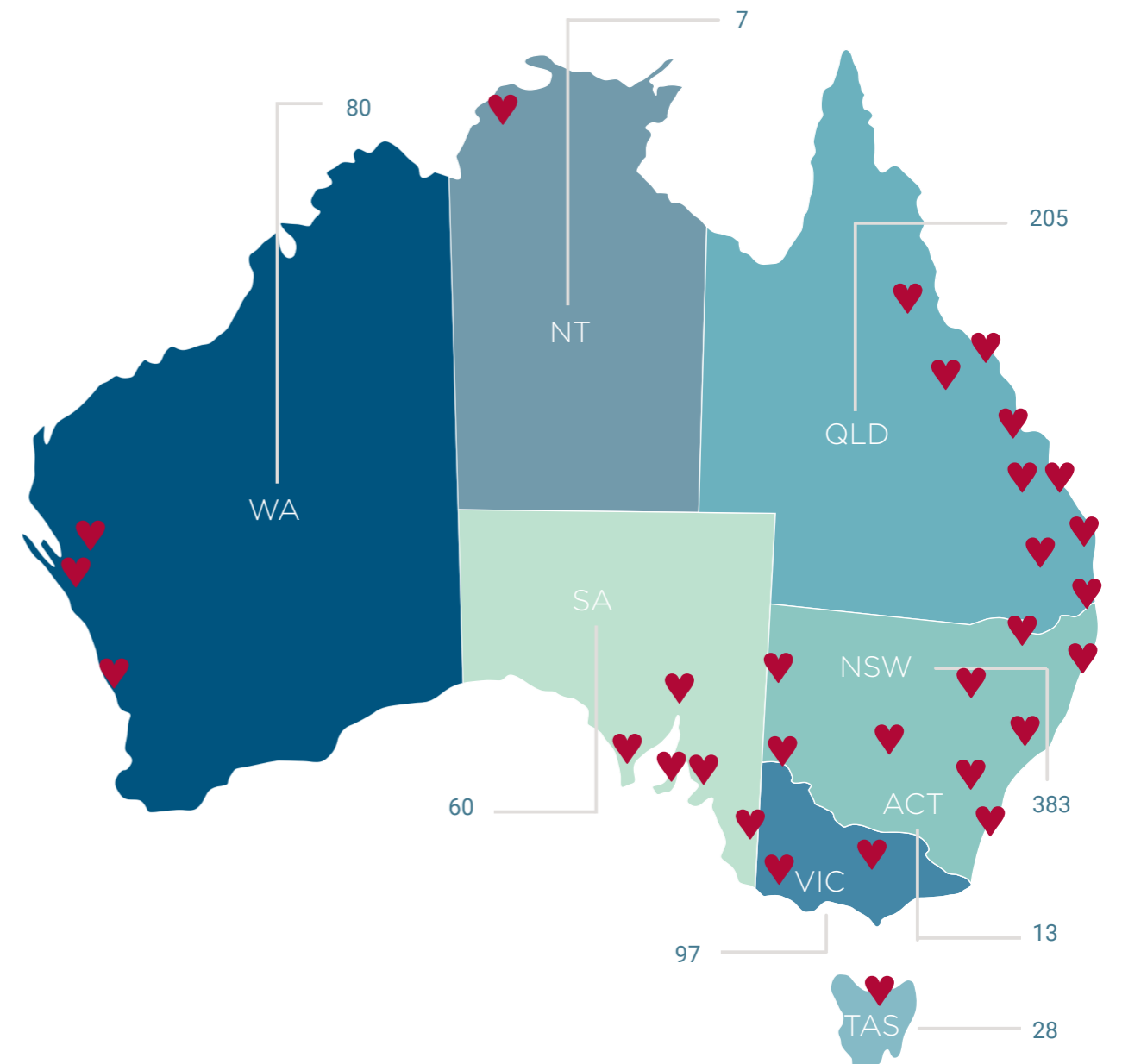
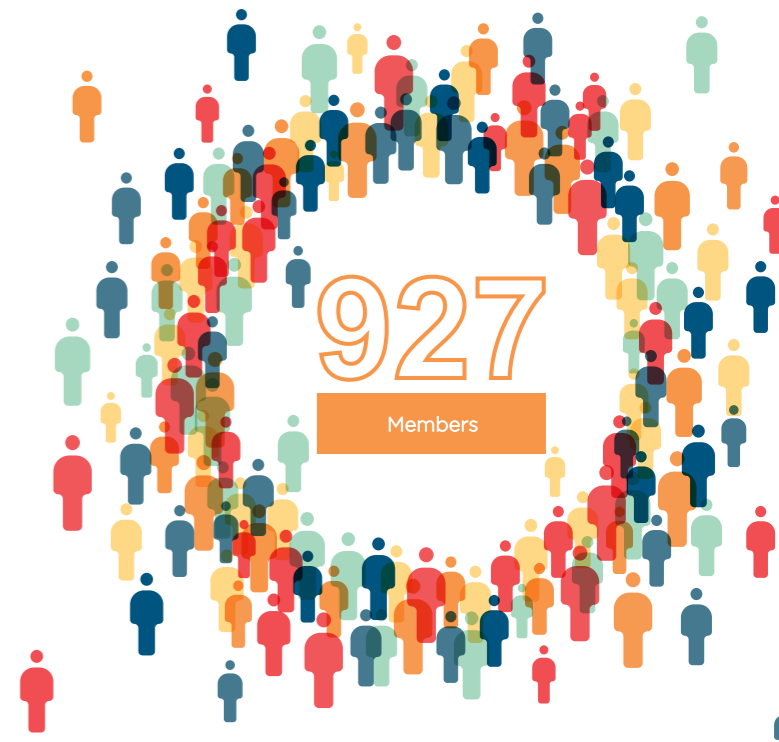


Lived Experience Research

Our close collaboration and partnerships with Research Institutions has seen the number and diversity of research projects requesting us to connect them with people with lived experience increase throughout 2023. It is pleasing to see more research institutions integrating lived experience earlier in research projects, embedding lived experience in Associate Investigator and Client Investigator roles and partnering to ensure lived experience expertise is informing all aspects of the research process.

Lived Experience Collective

By lending their diverse skillsets and invaluable lived experience expertise to a variety of opportunities, the LE Collective continues to be a catalyst for change and a rich source of innovation, insights and leadership across the suicide prevention sector. They continue to support organisations to integrate lived experience more meaningfully through their generosity and collaborative approach. We have been excited to welcome over **450 new members** in the FY22-23, and this notable increase is reflective of the rapidly expanding lived experience movement within Australia.



World Suicide Prevention Day

Everyday people coming together across the globe to help others, share stories, and reduce stigma. Roses in the Ocean's team members had the pleasure of connecting with community on Friday 8 September for our annual **World Suicide Prevention Day** event at Queen Street Mall, Brisbane. Under the theme of 'Creating Hope Through Action', we had the privilege of collaborating with several organisations who came out in force to show their support for local community. The day provided an opportunity for people to share their own stories and to receive the gift of a rose as a reminder they are heard and cared for.

Roses in the Ocean also coordinated this event in Northern Beaches Sydney in Warriewood Square and Hornsby Westfield.

A Big thank you to our collaborating services:

- Standby Support after Suicide
- Stepping Stone
- Defence & Veterans
- MATES in Construction
- Lifeline
- Brisbane North PHN
- Suicide Prevention Pathways
- Australian Transgender Support Association of Queensland
- Headspace
- White Bear Foundation
- The Men's Table



Lived Experience of Suicide Summit 2023

The biennial Lived Experience of Suicide Summit 2023 (LE Summit) connected people with a lived experience of suicide from all over Australia with researchers, service providers, business and community leaders, clinicians and government.

The 2-day event provided a forum to foster partnerships, and support the growth and sustainability of the lived experience of suicide movement. Through 14 diverse workshops, LE Summit created a platform for collaborative involvement which contributed to research projects, design of new initiatives, exploration of key indicators required to measure impact, contributed to the national suicide prevention strategy and the design of services.



"It was understanding where the different organisations were at in regard to the involvement and engagement of lived experience in their service, and how I was able to provide advice on First Nations lived experience perspectives".

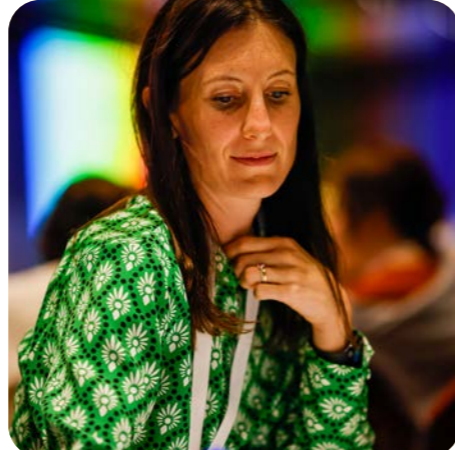
"Wonderful discussions that fueled my drive to make a difference in the areas identified within the sector"



Scan QR code to watch the Lived Experience Summit Opening Plenary Speeches.



Lived Experience of Suicide Summit 2023



Co-Design & Consultation



Universal Co-design: Best Practice Guidelines for aftercare, postvention and distress brief support services

In 2022 the Department of Health and Aged Care engaged Roses in the Ocean and Folk to lead a co-design process for the development of lived experience informed service guidelines for the enhancement and establishment of aftercare, postvention and distress brief support services – The Universal Co-design. This project centred the voice of lived experience seeking to more deeply understand how these services, and the broader system, could better support those who access them.

Thirty-two (32) focus group sessions were delivered each focusing on either aftercare, postvention or distress brief support services. Two-hundred and sixty (260) voices with diverse lived experience from across the country contributed to the guidelines, and a further 157 responses were received through surveys in the Feedback Loops.

We also heard from community-led organisations who support priority populations and various communities in suicide prevention, spoke with organisations currently delivering aftercare and postvention services and engaged with PHNs around related initiatives happening across regions.

We are overwhelmingly pleased with the generosity people brought to the process and thankful for everyone’s valued contributions to such an important piece of work.

We held both online and inperson sessions for each survey



Face to face



Focus Groups



online



Surveys



Lifeline Queensland’s Men’s Suicide Prevention Program



Lifeline QLD engaged Roses in the Ocean to undertake a consultation process seeking to understand the needs of men in regional, rural and remote QLD in the context of suicide prevention supports and services.

Participants in this process came from various regional, rural, and remote communities in Queensland, and through these conversations consistently raised two key messages that must be considered in the development of the Men’s Suicide Prevention Program:

- A village mentality is adopted in many of these regions, and community needs to be empowered to support each other in a sustainable way; and
- Services and supports need to be delivered locally, by locals that understand the uniqueness of the community and are seen to be more committed to the area long-term.

With this in mind, the process identified the following areas as potential opportunities that Lifeline Queensland may wish to consider:

Defence Community Lived Experience Consultation



Operation Compass, the Northern QLD National Suicide Prevention Trial Site focussed on the Defence Community, engaged Roses in the Ocean in August 2022 to facilitate the exploration of the impact military service has on how suicide is viewed, experienced, and responded to.

The consultation process involved a series of focus groups and interviews that captured the perspectives and experiences of serving and ex-serving Defence members and their families.

In beginning to identify and understand exactly what makes lived experience of suicide distinctive in the Defence context, this process highlighted the following:

- A veteran’s learnt relationship to life and death, supported by the Oath of Allegiance, training and the on-going purpose of military
- The deep inter-relation of professional and personal identity and the practical need to build inter-dependency for the benefit of Units

- Sustainable community capacity building and training specific to developing the ability to recognise and respond to distress and thoughts of suicide in men;
- Building of awareness and literacy for men’s emotional wellbeing;
- Support for the scaling of intentional men’s groups that meet men where they are at, and offer the opportunity for men to share, listen and learn with each other; and
- Assistance to enhance the availability, awareness, and accessibility of supports that address distress and/or thoughts of suicide and also the supports available for intersecting experiences that may lead to distress and/or thoughts of suicide.

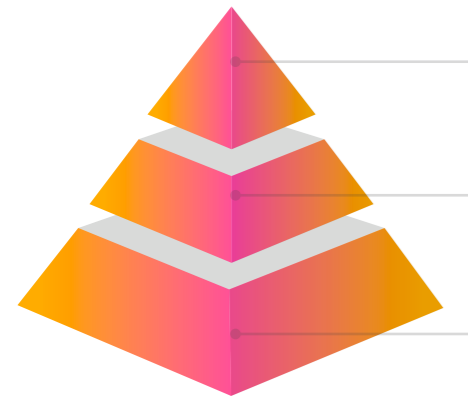
Lifeline QLD are currently exploring these findings, with a view to undertake the design of a program in phase 2.

- The core values instilled in training of ‘service first’ and the stigma that comes with prioritising self (i.e. health and wellbeing) or family whether by choice or necessity
- Tribal grief and the indirect connection between veterans and Defence families
- The removed control that the Defence community has over significant life decisions, and the impact that this can have on mental health and wellbeing
- The role of Defence families through the Defence journey, and the impact that has on their ability to respond or intervene

Findings from this process are confirmed within the Interim Report of the Royal Commission into Defence and Veteran Suicide, released on 11 August 2022.

Outcomes & Impact Framework

The purpose of the project was to develop an organisational Outcomes and Impact Framework in collaboration with all staff at Roses in The Ocean and informed by the broader lived experience sector, government and community. The organisational impact framework will demonstrate how the work of Roses in the Ocean translates to lasting impact at multiple levels (e.g. community, sector and system). We have now established an internal working group made up of team members from all parts of Roses in the Ocean to drive the implementation of this Framework in a way that is tangible and impactful. Beacon Strategies continue to lead us through this process.



Impact: An overall change, generally at a system-wide or community-level, as a result of multiple outcomes and dependent on context.

Outcomes: The change that is observed as a result of an activity (e.g. increased knowledge as a result of training). An outcome differs to an output which is a tangible activity or thing that is produced.

Outputs: What has been delivered by your activities? This means counting and describing numbers of activities participants etc.

ROSES IN THE OCEAN OUTCOME AND IMPACT MAP

Our Impacts

- Lives are saved and emotional distress and pain reduced
- The suicide prevention system meets the needs of people with lived experience of suicide
- Suicide is evidenced as a unique social issue requiring whole of societal culture change
- Prejudice, discrimination, fear and stigma around suicide are reduced

Our Focus Areas

Focus area 1: Lived experience

CREATING PARTNERSHIPS

People with lived experience of suicide are empowered, valued and sought-after partners in suicide prevention.

IMPROVING SERVICE OPTIONS & CHOICES

There are a range of high-quality, innovative, inclusive and accessible services meeting the needs of people with lived experience.

DRIVING RESEARCH & POLICY

People with lived experience are advancing the research and policy agenda.

ENGAGING PRIORITY POPULATIONS

Socially and culturally sensitive and effective community-led initiatives are a result of empowering people with the relevant lived experience.

Focus area 2: Community, sectoral and systems level reform

PROVIDING NATIONAL LEADERSHIP

The lived experience of suicide movement is valued with national leadership ensuring its efficacy and sustainability, and integration throughout community, sector and government.

DRIVING REFORM

Positive system-level changes are being realised through strategic integration and valued partnerships with people with lived experience of suicide.

ENSURING CENTRALITY

Lived experience expertise is central to suicide prevention policy, strategy and service delivery, transforming whole-of-community, whole-of-government and whole-of-society suicide prevention.

Focus area 3: Organisational culture

REMAINING PURPOSE ALIGNED

We deliver high-quality services, advocacy and contribute to evidence, aligned to purpose that meet the needs of people with lived experience.

FOSTERING CULTURE

We are a positive, safe, compassionate and engaging organisation to work with and within, delivering effective and sustainable outcomes.

ENSURING REPRESENTATION

Our team values diversity and inclusion, ensuring we are creating space for broad intersectional representation of lived experience perspectives.

DRIVING BEST PRACTICE

We contribute to the evidence base and develop best practice for integration of lived experience informed suicide prevention.

Our Outcomes

Research & Advisory Roles



Advisory Roles

- Aboriginal & Torres Strait Islander LE Centre Advisory Board
- AIHW National Suicide and Self Harm Monitoring System
- Everymind Life in Mind Champions Group
- i.am youth aftercare Consortium
- National Suicide Prevention Office Advisory Board
- National Suicide Prevention Office Governance and Social Determinants
- National Suicide Prevention Office Lived Experience Partnership Group
- National Aftercare Steering Committee
- Qld Suicide Prevention Network
- Qld Suicide Prevention Strategic Oversight Group (QMHC) - co-chair
- Qld Lived Experience Sector Leaders Group
- QMHC Shifting Minds Renewal - Reference Group
- Safe Spaces Standards Scoping Study Committee
- Safe Spaces Standards Scoping Study - LE Committee (co- chair)
- StandBy National Reference Group
- Suicide Prevention Services Health Planning Model- Expert Advisory Group
- Suicide Prevention Australia Policy Committee
- SWSyd LHD Regional Plan Priority Area 2 - Working Group
- University of Melbourne Lifeways Research Project
- Victorian Suicide Prevention & Response Office - Expert Advisory Group



Research Projects

- Australian National University - Community-led Safe Spaces evaluation
- Australian National University - Co-Creating Safe Spaces Project
- Black Dog Institute - Under the Radar Project
- University Melbourne - LIFEWAYS
- Telethon Kids Institute - Evaluation of PEER CARE Companion



A selection of other projects we have supported

- Australian National University - Lifetrack Project - Advisory Group
- Australian National University - Study: Examining the role of interpersonal risk and protective factors for suicidality in the community
- Central Queensland University - Construction Workers and Suicidality
- Everymind - Words & Images User Testing
- Université Laval, Quebec - Anthropological study of the experiences of "at-risk trajectories"
- University of Melbourne - Contribution to a chapter about male suicide prevention for a book on men's mental health
- University of Melbourne - The Buoy Project
- University of Southern Queensland - Moving beyond the fear of death: Suicide capacity within the ideation-to-action framework
- University of Sydney - Antidepressant medicines as a component of treatment for mental health conditions and the prevention of suicide
- University of Sydney - Contribution to a chapter about male suicide prevention for a book on men's mental health.
- University of Sydney - Help-Seeking for Suicidal Distress in Rural and Remote NSW: Lived Experience, Carer and Worker perspectives.
- University of Sydney Brain & Mind Centre - Youth Working Group to provide practical guidance to researchers on how to enable youth inclusion



Networks/ Support Groups

- National Men's Lived Experience of Suicide Network - Online Men's Safe Space - Roses in the Ocean
- National Men's Lived Experience of Suicide Network - Roses in the Ocean and Australian Mens Health Forum

Financial Reports

Roses in The Ocean - Statement of Financial Performance



The Statement of Financial Performance and Statement of Financial Position below outline the activities of Roses in the Ocean Ltd (ABN 36 652 550 966) (formerly known on incorporation as Suicide Prevention C.A.R.E. Ltd).

	\$ 2022/2023	\$ 2021/2022
REVENUE		
Interest Income	1,626	0
Donations	0	0
Funding Income	1,502,723	0
Intercompany Charges - Revenue	2,408,809	661,815
Non Funding income - Workshops, TouchPoints, LE Engagement and Peer Support	113,330	0
Other income	670	352
Total Revenue	4,027,158	662,167
EXPENSES		
Program Expenses	666,243	0
Property Expenses	54,979	0
Employee Expenses	2,660,867	662,167
Administrative costs	203,910	0
Total Expenses	3,585,999	662,167
SURPLUS		
Current Year Surplus	441,159	0
Total Comprehensive Surplus	441,159	0

	\$ 2022/2023	\$ 2021/2022
ASSETS: CURRENT ASSETS		
Cash on Hand	2,932,328	0
Gift Fund	0	0
Accounts Receivable	198,423	0
Prepayments	61,489	0
ASSETS: NON CURRENT ASSETS		
Leased asset	110,460	0
Computer Equipment	34,811	0
Less accumulated depreciation	-1,286	0
Office Equipment	604	0
Less accumulated depreciation	-13	0
Total Assets	3,336,816	0
LIABILITIES: CURRENT		
Accounts Payable	137,643	0
Accrued Expenses	129,159	48,955
GST and PAYG to be remitted	225,763	54,073
Intercompany Loan Account	0	-238,651
Current Lease Liability	6,436	0
Revenue Received in advance	2,097,221	0
Provision for Employee Leave	164,405	135,623
Provision for Lease restoration	24,570	0
LIABILITIES: NON CURRENT		
Non current lease liability	110,460	0
Total Liabilities	2,895,657	0
EQUITY		
Current Year Surplus	441,159	0
Total Comprehensive Surplus	441,159	0

Financial Reports

Roses in The Ocean - Statement of Financial Performance



The Statement of Financial Performance and the Statement of Financial Position below outline the activities Suicide Prevention C.A.R.E. Ltd (ABN 36 152 499 075) (formerly known on incorporation as Roses in the Ocean Ltd.)

	\$ 2022/2023	\$ 2021/2022
REVENUE		
Interest Income	27,384	358
Donations	13,780	29,297
Funding Income	2,680,970	1,531,330
Lived Experience Summit income	269,975	128,848
Non Funding income - Workshops, Touchpoints, LE Engagement and Peer Support	419,005	580,283
Reimbursable expenses	83,722	39,120
Other income	14,913	28,879
Total Revenue	3,509,749	2,338,115
EXPENSES		
Program Expenses	458,952	592,870
Property Expenses	101,505	125,415
Employee Expenses	30,611	679,131
Administrative costs	233,615	240,312
Intercompany charges - Expenses	2,408,809	661,815
Total Expenses	3,233,492	2,299,543
SURPLUS		
Current Year Surplus	276,257	38,572
Total Comprehensive Surplus	276,257	38,572

	\$ 2022/2023	\$ 2021/2022
ASSETS: CURRENT ASSETS		
Cash on Hand	934,305	1,740,477
Gift Fund	45,067	45,056
Accounts Receivable	177,136	205,439
Prepayments	0	34,498
ASSETS: NON CURRENT ASSETS		
Leased asset	0	195,342
Computer Equipment	0	30,385
Less accumulated depreciation	0	-15,249
Office Equipment	0	4,912
Less accumulated depreciation	0	-4,086
Total Assets	1,156,508	2,236,774
LIABILITIES: CURRENT		
Accounts Payable	98,273	1,520
Accrued Expenses	0	1,003
GST and PAYG to be remitted	-43,214	34,116
Intercompany Loan Account	0	238,651
Current Lease Liability	0	3,944
Revenue Received in advance	0	937,006
LIABILITIES: NON CURRENT		
Non current lease liability	0	195,342
Total Liabilities	55,059	1,411,582
EQUITY		
Current Year Surplus	276,257	38,572
Prior Year Surplus	825,192	786,620
Total Comprehensive Surplus	1,101,449	825,192



Year in Review

2023



Get In Touch



1300 411 461



www.rosesintheocean.com.au



Suite 102/33 Longland St,
Newstead QLD 4006,
Brisbane (Meanjin)