VOICES OF IN-SIGHT
Lend your voice to suicide prevention

Everyone has a story...

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Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

Your voice, insight and wisdom is critically important to guide suicide prevention activity in your local region and will help enrich the work by the Australian Department of Health.

An opportunity now exists for you to participate in a lived experience designed and delivered speakers training and capacity building workshop facilitated by Roses in the Ocean.

Engaging people with a lived experience of suicide to help guide and inform suicide prevention activity is a major priority. Roses in the Ocean provides training and support for people with a lived experience of suicide who would like to be involved.

'Voices of In-Sight' speakers training is a unique opportunity to reflect on your lived experience and learn how to share your personal story for greatest impact and influence. We will work alongside you to help you discover the components of your lived experience of suicide that can help others and present your insights in a meaningful way.

For more information about the Voices of In-Sight Lived Experience Workshop, view the **Workshop Outline.** When considering this opportunity, please read '**My readiness to be involved in suicide prevention**' to support you to make an informed decision.

Workshop details:

Date	Friday 14 & Saturday 15 June 2024
Time	8:30am - 4:30pm WA | AWST
Location	Albany, WA

How do I register?

To register to attend, click on the QR Code, or scan it with your smart device camera. A Roses in the Ocean team member will be in touch with further information. If you require assistance or have any questions, please call us on 1300 411 461.

This workshop is facilitated by Roses in the Ocean and is supported by Australian Department of Health for the Access and Equity Project.

Roses in the Ocean
stemming the tide of suicide

Australian Government
Department of Health and Aged Care