

# TOUCHPOINTS

We all have a role to play in suicide prevention.



## Join us for this FREE community TouchPoints workshop

Learn how to confidently recognise and respond to suicide.

On completion of this workshop, you can expect to have:

- attained a deeper understanding and appreciation of the complexity of suicide.
- increased awareness of warning signs and invitations for help.
- increased confidence & capacity to engage with people in crises.
- improved confidence to connect a person at risk of suicide with support.
- an appreciation of the importance of self-care and practical tools to implement.
- 'debunked' commonly held suicide myths with facts and lived experience.
- practical ways in which to support someone bereaved through suicide.
- knowledge on how best to support someone's return to the workplace.

These interactive workshops are delivered by Roses in the Ocean trained lived experience facilitators. For more information about the TouchPoints Workshop, view the **Workshop Outline**.



## Workshop details:

Date	Tuesday, 13 May 2025
Time	9:30am - 2:00pm
Location	Stirling Leisure, Herb Graham Centre Activity Room 1 38 Ashbury Crescent, Mirrabooka, WA



<https://wkf.ms/3XgTpVc>



## How do I register?

To register to attend, click on the QR Code, or scan it with your smart device camera. A Roses in the Ocean team member will be in touch with further information. If you require assistance or have any questions, please call us on 1300 411 461.

This workshop is facilitated by Roses in the Ocean and is supported by Neami National.

